

PARENT'S GUIDE TO ADVENTURE DAY CAMP 2018



YMCA of the East Valley Redlands Family YMCA

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SAVE THIS BOOK!

Welcome to the YMCA of the East Valley Adventure Day Camp season! We look forward to sharing the best day camp experience the YMCA has to offer for your child(ren) ages 5-14 years old. The program will be packed with fun, adventure, creativity, learning and memories.

With our camp gatherings filled with singing and dancing, crafts, games, science experiments and weekly fieldtrips, we continue today the traditions many of you experienced as campers and now send your children and grandchildren to experience. To help make the camping week memorable for your children and easier for you as parents, we have prepared the following Parent's Guide to answer all of your questions.

I look forward to meeting you at check-in or before!

Happy Day Camping,

Raheem Odomes
Camp Director

WHAT ACTIVITIES ARE OFFERED AT CAMP?

Our seven day program is an exciting way to start the summer. It is also a good way to way to round off a child's summer experiences with hiking, sports, swimming, crafts, games, experiments and field trips with all the fun and tradition that has been the center of day camping for the YMCA of the East Valley.

ACTIVITIES

- Sports: Campers will be introduced to different sports throughout the summer
- Swimming: Under the supervision of a Red Cross Certified Lifeguard, campers enjoy our cool relaxing pool every Tuesday, Thursday and Friday.
- Clubs: We will be having clubs here during the summer that will cover various topics and guaranteed to catch the interest of every camper
- Science Experiments: Exploration and Explanation
- Games: Minute-To-Win-It, Relays, Ga Ga and more!
- Summer Learning Loss Prevention: Online tutoring program to retain knowledge from previous school year.
- Arts & Crafts: creating various pieces of work through paint, sewing, gluing, drawing and so much more. We allow positive creativity to evolve into great keepsakes.
- Field Trips: Visit facilities to learn and explore national/state parks and beaches, waterparks and museums.
- Group-Building Games: Various group-building games and activities provide opportunities for cabin groups to learn to share and work together.

WHAT CAN YOU EXPECT WHEN YOUR CHILD ATTENDS DAY CAMP?

When your child attends day camp you may notice that they have a new sense of self-confidence and self-esteem. You may see increased social skills and a sense of unity in groups. They may demonstrate a greater awareness in applying honesty, caring, respect and responsibility in their daily life. You may see your child show better communication skills and they may seem more comfortable in group settings. You may see that your child has an increased appreciation for diverse groups and cultures. Children may demonstrate a better sense of their role in society and how one person affects the lives of others. Day Camp can foster a strong, positive ongoing change in a child.

WHAT DOES MY CHILD NEED TO BRING TO CAMP?

Your child will be participating in many exciting activities while at day camp.

- Closed toe and heel shoes
- Swim attire (no bikinis)
- Beach towel
- Sunscreen, lip balm, lotion
- Change of clothes for field trips with water
- Bag for wet clothes
- Sunglasses
- Water bottle
- Summer Camp shirt on field trips
- Medication-any they need to take during day camp (ONLY Prescription & must be turned in at registration desk (in original bottles).

WHAT MY CHILD MAY NOT BRING TO CAMP?

- Money
- Weapons – including pocket knives
- Fireworks or other dangerous substances
- Pets
- Alcohol or controlled substances
- Toys
- Video games (such as Game Boy, Game Gear, etc.)
- Laptop or any other computers
- Walkmans/Radios/CD players, Ipods or Ipads
- Matches or lighters
- Tobacco or similarly harmful products
- Cell phones
- Candy or other food (only food for meal break periods)

HOW DO WE HANDLE CAMPER DISCIPLINE ?

The YMCA is an organization that is dedicated to help all individuals realize their fullest potential. Day Camp rules and policies have been carefully established to meet the emotional and physical needs of our campers.

Getting Back on Track:

Campers and counselors work together to resolve problems and campers are guided to make appropriate choices. If the problem persists, a core staff member will discuss the issue with the camper who may then fill out a behavior contract to make a positive change to resolve the problem. If problems continue, a second contract will be filled out and will involve the core staff member, the Camp Director and sometimes a phone call to the parent/guardian. Any further issues may result in the camper's dismissal from camp (without a refund). Parents shall be responsible for the camper's immediate transportation home should this occur.

Reasons for the Rules:

Our standards are a result of the high expectations we must meet to provide 12-hour care for all of the campers we serve. The environment and outdoor activity schedule require that we take safety very seriously. If a child exhibits defiance, lack of respect, fighting, stealing, or any other behavior that puts either themselves or others in danger, they cannot remain as a participant in our program.

It is not abnormal for some children to misbehave. This is a fact. In addition, when they do misbehave, it is necessary to impose corrections so that they will not repeat actions that are antisocial, wrong, harmful or not in the spirit of Camp. When we see that a child is misbehaving we individually meet with the child to try to determine the cause of the problem. Once we have done that, we then try to remedy the problem while simultaneously making the child aware of the unacceptable nature of their behavior. They are guided to help them make appropriate positive choices. Once the child understands what they have done, we secure a promise from the child to not repeat the problem behavior. Once this promise is made, we determine an appropriate disciplinary action for the camper. This action is not, under any circumstances any form of corporal punishment. It may be as mild as talking to a leader or apologizing for a behavior. If a camper continues to misbehave, we may call you for your input and assistance. Often a discussion with the parent/guardian will help change the inappropriate behavior in a positive manner.

Failure to resolve the problem:

If we determine that your child's behavior is detrimental to the camp program, we will ask that you come to camp and pick up your child immediately and at your own expense. No refund of camp fees is available in this case.

WHERE DO I DROP OFF AND PICK UP MY CHILD FOR CAMP?

Drop off will be at the Redlands YMCA at the back entrance to the gymnasium until 9:00am. After that, drop off will be at the front desk. Drop off time begins at 6:30am. All campers must be picked up by an authorized adult no later than 6:30pm. Pick up at the front desk until 4:00 pm. At that time, pick up will be at the back entrance to the gymnasium. Campers will be escorted by a staff member during pick up hours to the front lobby. Governmental Issued identification is required by authorized individuals 18+ years to release child from program.

Medication information:

If your child has any medication to take while they are at camp you must give it to the representative at registration. It must be in a pharmacy bottle with child's name, medication dosage and directions on the label. This is for each child's safety. No medications are to be in backpacks, lunch pails, pockets, etc.

WHAT IS OUR PAYMENT AND REFUND POLICY?

Payment of the day camp deposit and fees can be made in cash, by check or with a credit card at the front desk at any of our YMCA branches. Please be sure that you have completed your registration forms when you make your payment and that you have a receipt for your payment.

To provide adequate staffing for campers, registration for Day Camp must be done the Thursday prior to Day Camp session date. Effective, June 26, 2017, a \$25 late registration fee will be applied, per child, any registration made on current week of camp.

If you cancel in writing the Friday before camp the camp session your child is scheduled for camp, you will receive a full refund except for your \$25.00 deposit. A written explanation must be given to the Camp office in order to receive a refund. We will not refund any portion of your camp fee if you do not contact us the Friday prior to Camp. **The YMCA must receive full payment before your child attends Day Camp. No exceptions will be made.** Any campers with a balance will not be allowed to attend program.

Please remember that to participate, all campers must be members of the YMCA. Membership fees are in addition to the price listed for the week of camp and may be found at your local branch. A member is a child or parent that is a member of the YMCA of the East Valley.

WHAT IF I CANNOT AFFORD THE CAMP FEE?

It is the policy of the YMCA to avoid denying participation in any Y program to any person because of their inability to pay for the costs of that program. Therefore, if the price of attending a week at Day Camp is a bit beyond your means, you may apply for the financial aid scholarships.

WHAT IS THE FINAL WORD?

As with any document, changes may occur. The YMCA and its staff reserve the right to make changes with regard to the program. We anticipate this will not be necessary, however life is full of changes and we can never predict what may occur days or months down the line. We appreciate your thoughtful consideration and participation.

WHAT ARE THE FIELD TRIPS THIS SUMMER?

Here is the list of field trips this summer:

| Date of Field Trip | Session | Dates | Facility Member Rate | Program Member Rate | Weekly Theme | Field Trip | Branch Location |
|-----------------------|---------|---------------|----------------------|---------------------|---|-------------------------|-----------------|
| June 14 th | Week 1 | June 11-15 | \$137 | \$163 | Protectors of the Deep Blue Sea | Jerry Lewis Swim Center | ALL |
| June 21 st | Week 2 | June 18-22 | \$137 | \$163 | Natural Flair | Yucaipa Regional Park | ALL |
| June 27 th | Week 3 | June 25-29 | \$137 | \$163 | Pirates of the Pacific | Huntington Beach | ALL |
| July 5 th | Week 4 | July 2-3, 5-6 | \$137 | \$163 | Wonder Week | Camp Edwards | ALL |
| July 11 th | Week 5 | July 9-13 | \$110 | \$131 | Atlantis | Splash Kingdom | ALL |
| July 18 th | Week 6 | July 16-20 | \$137 | \$163 | Be Incredible! | John's Incredible Pizza | ALL |
| July 25 th | Week 7 | July 23-27 | \$137 | \$163 | Flash Fit | Highland Olympics | ALL |
| Aug 1 st | Week 8 | July 30-Aug 3 | \$137 | \$163 | Darwin Barnett's School for Gifted Youngsters | Burrage Mansion | ALL |
| | Week 9 | Aug 6-7 | \$55 | \$66 | Sky Y | - | H/R |

