

LEVELS OF GIVING >>

\$1,000

Creates experiences to last a lifetime by allowing 5 kids the opportunity to attend a week of day camp during the summer.

\$500

Will ensure one month of childcare for one young person and equip them with the resources to succeed in school.

\$250

Strengthens families by making it possible for a single parent family to join the Y and participate in healthy activities together.

\$150

Makes our community safer and builds self-confidence by making it possible for two kids to learn how to swim at the Y.

OUR GOAL: \$55,000

I PLEDGE: ☐ \$1,000 ☐ \$500 ☐ \$250 ☐ \$150

☐ Other: \$ _____

Name _____

Business Name _____

Address _____

City _____ State _____ Zip _____

Email _____

Phone _____

I WILL PAY MY PLEDGE:

☐ Full Payment Enclosed

(Make checks payable to YMCA of the East Valley)
Mail To: 808 E. 21st St., San Bernardino, CA 92404

☐ Online at ymcaeastvalley.org/give

☐ Monthly: (10 Payments: February – November)

☐ Quarterly (March, June, September, November)

Campaigner Name: _____

ymcaeastvalley.org/give | 909-881-9622

BUILDING CONFIDENCE. GROWING COMMUNITY.

Our journey with the Y started when Jazleen was just three years old. She began with swim lessons and Itty Bitty Sports. At that time, she was very shy, and I really wanted her to be around other kids and build confidence. Those early programs helped her open up, make friends, and feel more comfortable in new environments.

As she grew up, Jazleen joined karate. She had been getting bullied by older, bigger kids, and I wanted her to learn self-defense and feel strong. Karate didn't just teach her how to protect herself—it taught her discipline, confidence, and how to stand tall. Carlos started even earlier. He was only a few months old when he entered the Parent & Child swim class. Because of that, he's never been afraid of the water. Whenever we're near a pool, I feel at ease knowing he can swim safely.

Both of my kids are disciplined, active, responsible, and doing well in school. Seeing them grow this way means everything to me. I wanted them to learn these values young, and the Y helped make that possible.

– Jazmin Castellanos



OPENING DOORS CHANGING LIVES!

**SAN BERNARDINO FAMILY YMCA
2026 ANNUAL GIVING CAMPAIGN**

A PLACE WHERE MEMBERS ARE UPLIFTED AND SUPPORTED.



Rick grew up in San Bernardino and attended the YMCA after school when it was located on 5th and F Street. A proud graduate of Pacific High School, over 54 years ago.

When he joined the YMCA, his goal was simple — to focus on his fitness. But what he found was much more than a gym. Rick describes the San Bernardino YMCA as a welcoming environment filled with wonderful staff and friendly members. He says he could “spend the whole day here,” as it has become like a second home to him.

In 2023, Rick discovered SilverSneakers. After trying a class, he was hooked and hasn’t missed one since. He credits the program for helping him stay mobile and healthy. He’s also started swimming and loves that the pool is open year-round, making it easy to keep moving and enjoy the water.

“The strength of the San Bernardino YMCA comes from its community, a place where timeless values are cultivated, and members lift each other up every day.”

– Rick Sadas

YOUR CONTRIBUTIONS AT WORK >>



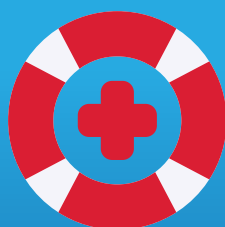
\$18,024

has enriched our community and allowed people to get healthy at the Y only because of the financial assistance program.



260

children participated in Day Camp, which allowed families to work while their kids had a safe place to learn, play and make friends.



559

children have built self-confidence through learning lifesaving skills in our Safety Around Water and swim lessons.



169

children worked on building strength and discipline through Martial Arts and Karate.

At the Y, we promise never to turn anyone away due to an inability to pay.

Every child deserves the opportunity to be a Y kid and take part in life-changing programs! Financial assistance ensures that the Y remains accessible to kids and families who need us the most. We rely on the generosity of our members and the community to support individuals of all ages and backgrounds in their journey towards improved health, confidence, connections, and security. Your donation to the Y makes a meaningful and lasting impact right in your own neighborhood.

Our Mission

The YMCA of the East Valley is an association of people of all ages, ethnic groups, and religious affiliations founded on Christian principles and dedicated to building strong kids, strong families, and strong communities through programs that develop spirit, mind, and body.

**1 in 3
Members
needs
Financial
Assistance**

