



ALZHEIMER'S IS NOT NORMAL AGING.



ALZHEIMER'S ASSOCIATION
SUPPORT GROUP

2ND WEDNESDAY
EVERY MONTH
AT 5PM

The Redlands YMCA is proud to partner with the Alzheimer's Association to bring you a monthly Caregivers Support Group every second Wednesday of the month at 5pm in the Redlands Y Conference Room. This support group provides guidance and a respite to loved ones of Alzheimer's sufferers.

**FREE TO THE
COMMUNITY!**

SCAN HERE

To register, scan the QR code, visit us at the Redlands Y front Desk, or call 909-798-9622

