CREATING LIFELONG MEMORIES

Giving kids the opportunity to explore the great outdoors and wonders of nature at Camp Edwards, accredited by the American Camp Association.



CAMP EDWARDS

Parent Handbook



What is Camp Edwards?

Our YMCA residential summer and family camp in Angelus Oaks, CA. Please familiarize yourself with our programs by checking out the link below! https://ymcaeastvalley.org/camp-edwards/

Who is the director and who do I contact with questions?

Autumn Lozano 909-425-9622, Ext. 7308 alozano@ymacaeastvalley.org

What if Autumn is not in her office and someone has questions?

She's at camp! Please leave your name and contact information at the front desk and she will call you back when she can. Or, you can send her an email at the one provided above. Email is the best form of communication during all camp sessions. If you need an alternate way to contact Autumn, please let her know at the time of drop off.



Where do I drop off and pick up my camper?

All campers are shuttled from our Highland YMCA located at 7793 Central Ave. Highland, CA 92346. All campers should arrive by 9:00 AM on Monday of their camp week and be picked up around 12:00 PM on the following Saturday. You are not allowed to simply drop off your camper and then leave. Please be present to sign-in at the registration table, meet with the Camp Nurse to turn in any medications, and to assure your camper has passed the health screening before going up to camp.

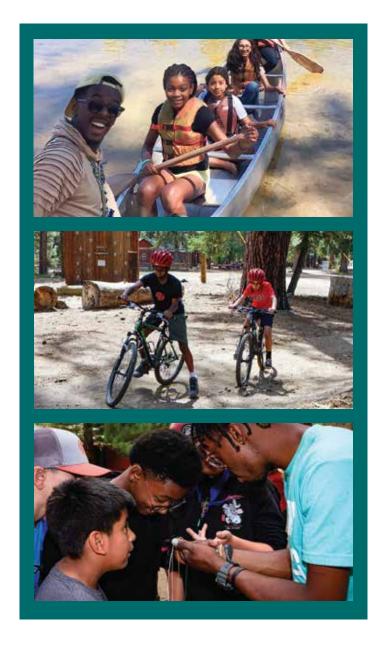
Check-In Procedure:

- Arrive at the Highland YMCA. There may be a line so be prepared to wait a short time before your camper is totally checked-in.
- Place labeled luggage in the luggage pile.
- Check-in your camper at the check-in table. They'll receive a name tag to wear.
- Visit the nurse's station all campers/parents/guardians must check-in with the nurse. Head lice checks will be performed on all campers before they join their cabin mates.
 - If your camper has any medication, they must give it to the camp nurse at registration. It must be a pharmacy bottle with camper's name, medication dosage, and directions on the label. OTC medications must be in the original bottles and must also be given to the camp nurse.
 - No medications are allowed in cabins. This is for every camper's safety.
- If you are not the adult who will be picking up the camper after their camp session, please let staff know so that we may have that information of the adult who will be picking them up. Campers are not released to anyone unless we have the person's name from you. Phone calls to give us names are not acceptable.

Where do I drop off and pick up my camper? (Continued)

Check-Out Procedure:

- Visit the checkout table, show picture ID and sign your camper out. You will receive either a camp photo or a ticket to present to staff to show that the camper is ready to go.
- Be sure to check with the nurse for any leftover medication.
- Go with your camper to pick up their luggage be sure it is theirs and that you get it all!
- Enjoy listening to your camper's experiences and stories!







What activities are offered at camp?

We offer a wide variety of activities here at Camp Edwards. Trained staff monitor all of our activities. We offer...

- **Climbing Tower and High Ropes Course:** This is a 35 foot, three-sided climbing tower with a rock-climbing surface, vertical playpen, catwalk, crisscross, leap-of-faith and zip line.
- Lakefront canoeing: Campers will enjoy canoeing around beautiful Jenks Lake.
- **Team Challenge Adventure Course:** Cabins will be led through a series of problem solving activities and individuals learn to work together as a group to achieve success.
- Archery: Campers will learn how to safely use a bow and arrow.
- **Arts and Crafts:** Campers will have the chance to make wonderful keepsakes to remind them of their time at Camp Edwards.
- **Pool:** Campers will enjoy swimming and playing in the pool.
- **Mountain Bikes:** Campers 11 and older have the opportunity to discover the trails of the San Gorgonio Wilderness on a mountain bike.
- **Twilight Games:** Campers will have the opportunity to play against each other (and sometimes staff!) in a variety of friendly competitions.
- **Ragging and Leathers:** Campers will have the opportunity to become a part of the long-practiced Y Tradition.
- **Campfire:** At the end of the night, campers will enjoy the heat of the campfire while they sing songs, watch skits, and connect with fellow campers and the counselors.

What will my child be eating at camp?

While your child is here, we will be feeding them three-meals a day, along with snacks and desserts. We have a combination of traditional camp food and our own meals that we serve to our campers. All meals are served family style with their cabins. We can accommodate dietary restrictions with prior notice.

How can I communicate with my camper?

Campers love to see mail come in. On the Thursday or Friday before your camper leaves, mail your letter or package (US Postal or UPS) to:

Camper's Name
Camp Edwards
(dates they are attending)
42842 Jenks Lake Rd. W.
Angelus Oaks, CA 92305

Please be sure to clearly write the return address in case we need to mail it back. If you would like your child to write to you, please send them with a paper, pen, and a couple of stamped and pre-addressed envelopes. Please do not leave mail at any of the YMCA branches.

My camper would like to bunk with a buddy. Can that happen?

If your camper has a buddy that they would like to bunk with, please list that on the buddy request form. Their buddy should also list your camper as their buddy. Please note that buddies should be the same sex and within one year of age of each other. We will honor one (1) buddy request per camper.

Do you have a camp store?

Yes! Our camp store offers plenty of goodies for campers to purchase. Each camper is awarded a \$5.00 credit to the store. You may add more at registration or during check-in. Please do not send your camper with cash to camp.

What if my camper is missing home?

Going away to camp can sometimes be a challenging event for children and parents alike! We understand parent concerns and will work with you to ensure that your child has a positive experience. Our first practice is very simple – PREVENTION. We find that keeping campers busy is the best anti-homesickness strategy around. Sometimes, however, children still experience varying degrees

What if my camper is missing home? (Continued)

of anxiety child in working through this challenge. Most of the time we are successful. If your child is having a hard time adjusting, we will phone you to seek your support (you are the expert on your child). If needed we will discuss further courses of action. If your camper is out of program for more than 2 hours or makes a request to call, we will make that happen!

What is your payment and refund policy?

Payment: The camp deposit and camp fees can be made online when registering for camp or in cash, by check, or with credit card at the front desk at any of our YMCA of the East Valley branches (Highland, San Bernardino, Redlands). When submitting an application, a non-refundable deposit of \$50.00 must be made, even for those applying for Financial Assistance.

Please be sure that all registration forms are completed and that there is no balance due before your campers goes to camp. Any camper that has a balance may not be allowed on the bus.

Refund: A written explanation must be given to the camp director in order to receive a refund. If you cancel in writing (email is acceptable) one week before your camper is to attend, you will receive a full refund excluding the \$50.00 deposit. You will not be eligible for a refund if you do not contact us before one week prior to your camper's session.



Camp Edwards Packing List

Clothing

- Long Pants
- Shirts/Shorts
- Underclothes
- Socks
- Jacket/Sweater
- Pajamas
- Swimsuit
- Shoes/Sandals

Toiletries

- Toothbrush
- Toothpaste
- Soap/Body Wash
- Shampoo
- Conditioner
- Chap Stick
- Sunscreen
- Hair Brush

Other Items

- Reusable Water Bottle
- Bedding
 (Sleeping Bag, Sheet,
 Pillow, Pillow Case and
 and/or Blanket)
- Journal/Pen/Books
- Flashlight
- Hats/Beanies

Ask Your Camper...

Research shows that intentional questions can produce significant learning and performance benefits while your child is up at camp.

Things to ask before Camp...

- What's one new thing you want to try while you are away at camp?
- What's one thing you are most nervous about? How will you handle that situation once you're at camp?

Thing to ask after Camp...

- What's something new you tried at camp?
- What's the most surprising thing you learned (about yourself) while you were away at camp?
- What's the one thing that makes you want to go back to camp? Tell me about your new camp buddy? Favorite camp counselor?

Items Not Permitted at Camp Edwards

- Video Games
- iPods/iPads
- Digital Readers
- Laptops/Tablets
- Cell Phones

- Candy
- Alcohol
- Drugs/Tobacco
- Weapons
- Areosol Sprays

- Makeup
- Pets
- Offensive Materials

