

# SUPPORT FOR LIFE'S IMPORTANT CHOICES



## Helping Care For Your Aging Parents

**MARCH 25 | 6PM**

Join us for an informative and supportive workshop designed to help families navigate important decisions as parents age. We will focus on understanding care planning options and preparing for the future with confidence and compassion.

Participants will receive assistance with completing Advance Healthcare Directives, helping ensure your loved ones' wishes are clearly documented and honored.



### **BRINGING TRUSTED LEGAL GUIDANCE DIRECTLY TO OUR COMMUNITY.**

Hosted by our Legal Aid Department Head Sara Pugh and in partnership with Bidaki Law Firm.



**SCAN HERE TO REGISTER**

Or visit the Redlands Family YMCA front desk!